

Did you know that there are only 64 days until Christmas?!

I love the Holiday Season so much! I'm the person who has already finished their Christmas shopping for their family, and the tubs of decorations are already at the top of the basement stairs just waiting to be put up.

That's also why I'm excited about what we get up to each November & December.

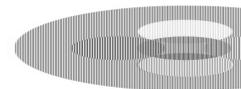
Thanks to generous donors, businesses & members of the community, it is a Foundation tradition that we help make the Holidays festive and joyous for many patients who do not have any family or close friends supporting them.

For the third year in a row, the Foundation is putting together gift parcels for clients who are supported by the Assertive Community Treatment Team.

This unique, community-based mental health program provides direct treatment, rehabilitation and support services to adults with severe and persistent mental illness. The program consists of a multidisciplinary team of staff members who have training and experience in psychiatry, nursing, social work, occupational therapy, substance-abuse treatment, vocational rehabilitation and peer support. The ACT team goes into the community to serve clients, meeting with them in their own environment where they feel comfortable. This could be in their homes, a coffee shop, or even in a park.

This year, because of the pandemic, we are not able to create individualized lists. Instead, knowing what their clients will love and appreciate, the ACT Team have made great suggestions as to what to include in each of the boxes.

If you would like to put together a **BOX OF DELIGHT**, just let us know so that we can get a box to you. You can reach us at 905.683.2320 x11501 or aphfoundation@lh.ca.





2020 Boxes of Delight

Thank you so much for making this Holiday Season special for our ACTT clients.

WE'VE MADE IT REALLY EASY FOR YOU - PLEASE CONTACT THE AJAX PICKERING HOSPITAL FOUNDATION TO MAKE ARRANGEMENTS TO PICK UP YOUR BOX.

Suggested items to include in your box are:

- Tim Hortons Gift Card(s)
- Grocery Store Gift Card(s)
- Haircut Gift Card(s)
- Candies
- Chocolates
- Ear Buds
- Gloves/Hats
- Hand Warmers
- Hand Sanitizer
- Non-Medical Masks
- Hygiene Items (e.g. shampoo, conditioner, toothpaste, shower gel, body lotion)
- Nail Clippers/Files
- Socks
- Hair Ties
- Puzzle Books

or as many of these items as you can provide

As well as wrapping the 12x12x12in box, you are welcome to wrap each of the items inside. And don't forget to add a label to indicate if the box is for a male or female.

Please drop off your wrapped & labeled box to the ACTT office (Unit 11 A/B - 1400 Bayly St, Pickering; where the Irish Times is located) between December 7th-15th, 9am to 2:30pm.



905.683.2320 EXT 11501 | aphfoundation@lh.ca
aphfoundation.ca

If you are not able to put together a box, but would still like to support this project, you can easily make a secure online donation [here](#).

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Yours in Philanthropy,

Tracy Paterson
CEO, Ajax Pickering Hospital Foundation

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